



35. Jesteburger Volkslauf

29. September 2024

Ergebnis M / W - gesamt

Rahberg 10 Km
(10 Km)

Rahberg 10 Km M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Endzeit | Pos AK |
|-----|------|----------|------------|--------------|----------------------------------|---------|-------------------|----------|--------|
| 1 | 291 | 00:34:45 | Wichert | Lars | TC Ballrn | GER-NIE | M-35 | 00:34:45 | 1 |
| 2 | 427 | 00:39:27 | Bruhn | Tobias | | | M-35 | 00:39:27 | 2 |
| 3 | 420 | 00:42:00 | Davis | Zach | Hahner Twins Coaching | | M-45 | 00:42:00 | 1 |
| 4 | 234 | 00:43:08 | Doerks | Frithjof | Hannover | GER-NIE | M-20 | 00:43:08 | 1 |
| 5 | 237 | 00:43:28 | Flamm | Martin | BIF | GER-NIE | M-55 | 00:43:28 | 1 |
| 6 | 252 | 00:43:38 | Kraim | Yannis | Winsen | GER-NIE | M-35 | 00:43:38 | 3 |
| 7 | 254 | 00:44:00 | Kremer | Marcel | Tostedt | GER-NIE | M-35 | 00:44:00 | 4 |
| 8 | 282 | 00:44:29 | Sumfleth | Lars | TuS Jork | GER-NIE | M-35 | 00:44:29 | 5 |
| 9 | 249 | 00:44:52 | Ketelsen | Thorsten | Seevetal | GER-NIE | M-45 | 00:44:52 | 2 |
| 10 | 384 | 00:45:10 | Richter | Ralph | Eintracht Hittfeld | GER-NIE | M-50 | 00:45:10 | 1 |
| 11 | 286 | 00:45:32 | Trapp | Michael | LG POWER-Schnecken Kiel e. V. | GER-SH | M-50 | 00:45:32 | 2 |
| 12 | 439 | 00:46:33 | Kurfürst | Uwe | Adidas Runners Tel Aviv | | M-55 | 00:46:33 | 2 |
| 13 | 233 | 00:46:56 | Disse | Nico | TuS Fleestedt | GER-NIE | M-30 | 00:46:56 | 1 |
| 14 | 422 | 00:46:59 | Ehrich | Sven | TV Fischbek | | M-50 | 00:46:59 | 3 |
| 15 | 269 | 00:47:03 | Römhild | Burkhard | Grün-Weiß Harburg | GER-HAM | M-55 | 00:47:03 | 3 |
| 16 | 444 | 00:47:30 | Geiß | Christian | | | M-60 | 00:47:30 | 1 |
| 17 | 241 | 00:47:56 | Hagemann | Marcel | MTV Hoopte | GER-NIE | M-30 | 00:47:56 | 2 |
| 18 | 289 | 00:48:09 | Vorrath | Stefan | MTV Treubund Lüneburg | GER-NIE | M-45 | 00:48:09 | 3 |
| 19 | 275 | 00:48:18 | SchlöBer | Jan | Oberschule Jesteburg | GER-NIE | M-50 | 00:48:18 | 4 |
| 20 | 428 | 00:49:55 | Römhild | Wolfram | | | M-55 | 00:49:55 | 4 |
| 21 | 238 | 00:50:11 | Franzen | Till | Drestedt | GER-NIE | M-45 | 00:50:11 | 4 |
| 22 | 243 | 00:50:15 | Hecht | Armin | Team Hecht-Apotheke | GER-NIE | M-50 | 00:50:15 | 5 |
| 23 | 242 | 00:50:23 | Hamann | Marco Hamann | Seevetal | GER-NIE | M-55 | 00:50:23 | 5 |
| 24 | 259 | 00:50:55 | Marchewka | Bernd | Seevetal | GER-NIE | M-60 | 00:50:55 | 2 |
| 25 | 255 | 00:51:52 | Leroux | Maximilian | TV Vahrendorf | GER-NIE | M-50 | 00:51:52 | 6 |
| 26 | 445 | 00:52:08 | Bockelmann | Nils | TSV Eintracht Hittfeld | | M-20 | 00:52:08 | 2 |
| 27 | 280 | 00:52:12 | Stars | Daniel | Buchholz | GER-NIE | M-45 | 00:52:12 | 5 |
| 28 | 270 | 00:52:21 | Ross | Marcus | Buchholz | GER-NIE | M-45 | 00:52:21 | 6 |
| 29 | 290 | 00:52:51 | Wagner | Torben | Steinburg | GER-SH | M-20 | 00:52:51 | 3 |
| 30 | 261 | 00:53:24 | Menke | Stefan | Team Hecht-Apotheke | GER- | M-40 | 00:53:24 | 1 |
| 31 | 277 | 00:53:28 | Schütt | Erik | Jesteburg | GER-NIE | M-45 | 00:53:28 | 7 |
| 32 | 264 | 00:53:54 | Otten | Burkhard | LG Brunsberg | GER-NIE | M-50 | 00:53:54 | 7 |
| 33 | 423 | 00:53:57 | Marlecki | Nino | Dynamo Dibbersen | | M-50 | 00:53:57 | 8 |
| 34 | 273 | 00:54:01 | Salie | Sebastian | Bergen | GER-NIE | M-50 | 00:54:01 | 9 |
| 35 | 288 | 00:54:02 | Usta | Ismail | Jesteburg | GER-NIE | M-40 | 00:54:02 | 2 |
| 36 | 426 | 00:54:22 | Pein | Florian | | | M-45 | 00:54:22 | 8 |
| 37 | 451 | 00:56:48 | Brockmann | Achim | Airbus SG | | M-40 | 00:56:48 | 3 |
| 38 | 450 | 00:58:51 | Przemus | Andre | Elbdeich Runners | | M-45 | 00:58:51 | 9 |
| 39 | 274 | 01:00:02 | Schaper | Tim | Jesteburg | GER-NIE | M-45 | 01:00:02 | 10 |
| 40 | 279 | 01:03:06 | Sommer | Carsten | Hamburg | GER-HAM | M-55 | 01:03:06 | 6 |

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Rahberg 10 Km (10 Km)

Rahberg 10 Km M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Endzeit | Pos AK |
|-----|------|----------|---------------|------------|-----------------------------|---------|-------------------|----------|--------|
| 41 | 373 | 01:04:16 | Corsi | Marcel | Sparkasse Harburg-Buxtehude | GER-NIE | M-35 | 01:04:16 | 6 |
| 42 | 272 | 01:05:57 | Rüter | Mark | Amelinghausen -Wetzen | GER-NIE | M-50 | 01:05:57 | 10 |
| 43 | 276 | 01:06:15 | Schmidt-Heise | Karl-Heinz | Erdinger Active Team | GER-HAM | M-65 | 01:06:15 | 1 |
| 44 | 231 | 01:06:23 | Bause | Jens | Buchholz in der Nordheide | GER-NIE | M-50 | 01:06:23 | 11 |
| 45 | 251 | 01:08:41 | Koop | Manfred | Laufftreff Geesthacht | GER-SH | M-75 | 01:08:41 | 1 |
| 46 | 265 | 01:12:59 | Peglau | Thomas | LG Pegel | GER-NIE | M-55 | 01:12:59 | 7 |

Rahberg 10 Km W

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Endzeit | Pos AK |
|-----|------|----------|-----------------|-----------------|----------------------------------|---------|-------------------|----------|--------|
| 1 | 287 | 00:44:07 | Trapp | Trixi | LG POWER-Schnecken Kiel e. V. | GER-SH | W-45 | 00:44:07 | 1 |
| 2 | 257 | 00:46:30 | Lüllau | Janina | Blau-Weiss Buchholz e.V | GER-NIE | W-45 | 00:46:30 | 2 |
| 3 | 258 | 00:46:48 | Majoer | Iris | Hamburg Running | GER-HAM | W-35 | 00:46:48 | 1 |
| 4 | 452 | 00:47:53 | Garbers | Catharina | Blau Weiss Buchholz | | W-40 | 00:47:53 | 1 |
| 5 | 284 | 00:50:10 | Suwe | Hanna | Lüneburg | GER-NIE | W-20 | 00:50:10 | 1 |
| 6 | 250 | 00:50:15 | Kolb | Christine | Schneeverdingen | GER-NIE | W-40 | 00:50:15 | 2 |
| 7 | 414 | 00:50:19 | Janson | Rita | VfL Jesteburg | | W-40 | 00:50:19 | 3 |
| 8 | 449 | 00:50:42 | Tetzlaff | Zoe | | | W-20 | 00:50:42 | 2 |
| 9 | 230 | 00:50:51 | Ahlf | Olga | TVV Neu Wulmstorf | GER-NIE | W-40 | 00:50:51 | 4 |
| 10 | 292 | 00:52:20 | Wingels | Daniela | MTV Marxen | GER-NIE | W-45 | 00:52:20 | 3 |
| 11 | 285 | 00:53:47 | Taubhorn | Luise Charlotte | Rosengarten | GER-NIE | W-20 | 00:53:47 | 3 |
| 12 | 232 | 00:54:14 | Brinckmann | Sabine | TVV Neu Wulmstorf | GER-NIE | W-40 | 00:54:14 | 5 |
| 13 | 256 | 00:54:30 | Lüder | Katharina | Jesteburg | GER-NIE | W-40 | 00:54:30 | 6 |
| 14 | 235 | 00:55:00 | Ewaldt-Eisebith | Christiane | Winsen | GER-NIE | W-35 | 00:55:00 | 2 |
| 15 | 239 | 00:55:39 | Friedemann | Tanja | Hamburg | GER-HAM | W-35 | 00:55:39 | 3 |
| 16 | 278 | 00:56:02 | Skornicka | Ute | Buchholz in der Nordheide | GER-NIE | W-40 | 00:56:02 | 7 |
| 17 | 281 | 00:56:09 | Stars | Kathrin | Buchholz | GER-NIE | W-40 | 00:56:09 | 8 |
| 18 | 236 | 00:57:14 | Findekle-Walter | Barbara | Buchholz in der Nordheide | GER-NIE | W-55 | 00:57:14 | 1 |
| 19 | 244 | 00:57:16 | Herrenkind | Miriam | Berlin | GER-BER | W-20 | 00:57:16 | 4 |
| 20 | 403 | 00:58:22 | Mencke | Thurid | | | W-50 | 00:58:22 | 1 |
| 21 | 283 | 00:59:10 | Sutor | Patricia | Jesteburg | GER-NIE | W-45 | 00:59:10 | 4 |
| 22 | 260 | 00:59:32 | Martens | Silke | Seevetal | GER-NIE | W-55 | 00:59:32 | 2 |
| 23 | 417 | 01:00:08 | Sass | Vivien | Blau Weiß Buchholz | | W-40 | 01:00:08 | 9 |
| 24 | 268 | 01:02:43 | Reiser | Cindy | HSV Stöckte | GER-NIE | W-45 | 01:02:43 | 5 |
| 25 | 372 | 01:04:16 | Köhler | Nadine | Sparkasse Harburg-Buxtehude | GER-NIE | W-30 | 01:04:16 | 1 |
| 26 | 262 | 01:06:04 | Meyer | Stefanie | Buchholz | GER-NIE | W-40 | 01:06:04 | 10 |
| 27 | 371 | 01:06:04 | Hacker | Carmen | Jesteburg | GER-NIE | W-55 | 01:06:04 | 3 |
| 28 | 405 | 01:06:36 | Darracott | Luisa | | | W-35 | 01:06:36 | 4 |

Einträge in der Liste: 74