



39. Flensburger Adventlauf

15. Dezember 2024

Ergebnis M / W - gesamt

Ruprechtlauf (3 km)

Ruprechtlauf M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters-Klasse | Pos Altersklasse |
|-----|------|----------|-----------------|-------------|---|--------|---------------|------------------|
| 1 | 834 | 00:13:18 | von Gyldenfeldt | Friedrich | LG Flensburg | GER-SH | M-JU18 | 1 |
| 2 | 796 | 00:14:39 | Erdmann | Fionn | Auguste-Viktoria-Schule Flensburg | GER-SH | M-40 | 1 |
| 3 | 880 | 00:15:24 | Windmann | Jakob | TSV Fahrdorf | GER-SH | M-JU16 | 1 |
| 4 | 867 | 00:16:02 | Gilbert | Milan | TriHaie Rethwisch | GER-SH | M-KU12 | 1 |
| 5 | 756 | 00:16:47 | Christiansen | Carsten | Harrislee | GER-SH | M-35 | 1 |
| 6 | 912 | 00:16:49 | Klinge | Sven-Ole | Auguste-Viktoria-Schule Flensburg | GER-SH | M-45 | 1 |
| 7 | 913 | 00:16:49 | Klinge | Sam Noah | Auguste-Viktoria-Schule Flensburg | GER-SH | M-JU14 | 1 |
| 8 | 872 | 00:17:02 | Asmussen | Jona | TSB Flensburg von 1865 e.V. Triathlonabteilung | GER-SH | M-KU12 | 2 |
| 9 | 806 | 00:17:10 | Gritzke | Hannes | ComLine GmbH | GER-SH | M-45 | 2 |
| 10 | 817 | 00:17:19 | Möller | Lasse | Fachschule für Technik und Gestaltung | GER-SH | M-35 | 2 |
| 11 | 848 | 00:17:20 | Geschke | Maximilian | Schule Fruerlund | GER-SH | M-KU12 | 3 |
| 12 | 864 | 00:17:32 | Riedel | Nino | SV Freie Waldorfschule Flensburg | GER-SH | M-KU12 | 4 |
| 13 | 875 | 00:17:56 | Lorenzen | Felix | TSB Flensburg von 1865 e.V. Triathlonabteilung | GER-SH | M-JU14 | 2 |
| 14 | 812 | 00:18:06 | Winkler | Alexander | ComLine GmbH | GER-SH | M-HK | 1 |
| 15 | 905 | 00:18:28 | Nitsch | Liam | | GER-SH | M-KU12 | 5 |
| 16 | 906 | 00:18:29 | Nitsch | Marcel | | GER-SH | M-40 | 2 |
| 17 | 807 | 00:18:43 | Hübner | Marlon | ComLine GmbH | GER-SH | M-HK | 2 |
| 18 | 769 | 00:18:47 | Nielsen | Mattis | Mittelangeln | GER-SH | M-KU12 | 6 |
| 19 | 814 | 00:19:11 | Feyerabend | Niklas | Fachschule für Technik und Gestaltung | GER-SH | M-HK | 3 |
| 20 | 818 | 00:19:21 | Joensen | Rasmus J. | familie Joensen | DEN | M-50 | 1 |
| 21 | 831 | 00:19:55 | Rudolfsen | Jayden | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | M-JU14 | 3 |
| 22 | 904 | 00:19:57 | Köck | Heiko | Karate Centrum Mürwik | GER-SH | M-55 | 1 |
| 23 | 835 | 00:20:00 | von Gyldenfeldt | Konstantin | LG Flensburg | GER-SH | M-JU14 | 4 |
| 24 | 801 | 00:20:01 | Robbes | Sverre | Auguste-Viktoria-Schule Flensburg | GER-SH | M-KU12 | 7 |
| 25 | 836 | 00:20:09 | Fiebig | Benedikt | LK Weiche | GER-SH | M-KU12 | 8 |
| 26 | 800 | 00:20:31 | Petersen | Mika | Auguste-Viktoria-Schule Flensburg | GER-SH | M-KU12 | 9 |
| 27 | 787 | 00:20:32 | Andresen | Tim Nicolai | Andresen-Both Team | GER-SH | M-HK | 4 |
| 28 | 910 | 00:20:40 | Prin | Nahud | | GER-SH | M-KU12 | 10 |
| 29 | 785 | 00:20:47 | Andresen | Rayk | Andresen-Both Team | GER-SH | M-JU18 | 2 |
| 30 | 803 | 00:20:51 | Spring | Frederik | Auguste-Viktoria-Schule Flensburg | GER-SH | M-KU12 | 11 |
| 31 | 827 | 00:21:00 | Gericke | Mika | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | M-KU12 | 12 |
| 32 | 811 | 00:21:17 | Lorenzen | Philip | ComLine GmbH | GER-SH | M-35 | 3 |

Ergebnis M / W - gesamt

Ruprechtlauf (3 km)

Ruprechtlauf M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|------------|--------------|--|--------|-------------------|------------------|
| 33 | 765 | 00:21:40 | Lange | Matthias | Flensburg | GER-SH | M-40 | 3 |
| 34 | 828 | 00:22:02 | Harport | Patrick | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | M-35 | 4 |
| 35 | 901 | 00:22:18 | Fase | Niklas | TV Grundhof | GER-SH | M-JU14 | 5 |
| 36 | 758 | 00:22:22 | Ewald | Oliver | Flensburg | GER-SH | M-50 | 2 |
| 37 | 907 | 00:22:29 | Ossarek | Noah | Auguste-Victoria-Schule Flensburg | GER-SH | M-KU12 | 13 |
| 38 | 810 | 00:22:35 | Klaffka | Florian | ComLine GmbH | GER-SH | M-HK | 5 |
| 39 | 873 | 00:22:48 | Brauer | Aron | TSB Flensburg von 1865 e.V. Triathlonabteilung | GER-SH | M-KU12 | 14 |
| 40 | 874 | 00:23:13 | Brauer | Lars | TSB Flensburg von 1865 e.V. Triathlonabteilung | GER-SH | M-50 | 3 |
| 41 | 853 | 00:23:25 | Kotek | Nils | Schule Fruerlund | GER-SH | M-KU12 | 15 |
| 42 | 809 | 00:23:25 | Kindel | Lukas | ComLine GmbH | GER-SH | M-HK | 6 |
| 43 | 820 | 00:23:26 | Kruse | Albert | HFF Munkbrarup | GER- | M-KU12 | 16 |
| 44 | 762 | 00:23:26 | Kruse | Immanuel | Husby | GER- | M-40 | 4 |
| 45 | 780 | 00:23:26 | Volger | Phillip | Schleswig | GER-SH | M-30 | 1 |
| 46 | 862 | 00:23:32 | Alberti | Jakob | SV Adelby | GER-SH | M-KU12 | 17 |
| 47 | 891 | 00:24:05 | Benedetto | Marcello | TV Grundhof | GER-SH | M-JU14 | 6 |
| 48 | 849 | 00:24:06 | Graber | Arvin Elijah | Schule Fruerlund | GER-SH | M-KU12 | 18 |
| 49 | 793 | 00:24:06 | Benedetto | Marciano | Auguste-Viktoria-Schule Flensburg | GER-SH | M-KU12 | 19 |
| 50 | 878 | 00:24:21 | Höhne | Lex | TSV Bergenhusen | GER-SH | M-JU14 | 7 |
| 51 | 879 | 00:24:22 | Höhne | Lutz | TSV Bergenhusen | GER-SH | M-55 | 2 |
| 52 | 892 | 00:25:10 | Bleck | Henry | TV Grundhof | GER-SH | M-KU12 | 20 |
| 53 | 893 | 00:25:10 | Bleck | John | TV Grundhof | GER-SH | M-JU14 | 8 |
| 54 | 894 | 00:25:11 | Bleck | Sandro | TV Grundhof | GER-SH | M-35 | 5 |
| 55 | 895 | 00:25:42 | Fase | Christoph | TV Grundhof | GER-SH | M-35 | 6 |
| 56 | 890 | 00:25:42 | Fase | Anton | TV Grundhof | GER-SH | M-KU12 | 21 |
| 57 | 767 | 00:25:46 | Lorenschat | Paul | Tarp | GER-SH | M-30 | 2 |
| 58 | 821 | 00:26:19 | Kruse | Johann | HFF Munkbrarup | GER- | M-KU12 | 22 |
| 59 | 950 | 00:26:34 | Erichsen | Jayden | Flensburg | GER-SH | M-KU12 | 23 |
| 60 | 832 | 00:26:52 | Schmuck | Jonathan | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | M-KU12 | 24 |
| 61 | 897 | 00:27:16 | Erichsen | Nis | TV Grundhof | GER-SH | M-KU12 | 25 |
| 62 | 859 | 00:27:23 | Schultz | Sönke | Schule Fruerlund | GER-SH | M-45 | 3 |
| 63 | 784 | 00:27:36 | Andresen | Lasse | Andresen-Both Team | GER-SH | M-JU18 | 3 |
| 64 | 908 | 00:28:45 | Albertsen | Daniel | | GER-SH | M-40 | 5 |
| 65 | 885 | 00:29:50 | Philippsen | Thomas | TSV Sankt Peter-Ording | GER-SH | M-50 | 4 |
| 66 | 768 | 00:30:24 | Nielsen | Anton | Mittelangeln | GER-SH | M-KU12 | 26 |
| 67 | 761 | 00:30:55 | Haß | Michael | Mittelangeln | GER-SH | M-35 | 7 |
| 68 | 833 | 00:32:16 | Schuwirth | Frank | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | M-60 | 1 |
| 69 | 766 | 00:35:04 | Latz | Hjalmar | Flensburg | GER-SH | M-HK | 7 |

Ruprechtlauf W

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|--------|-----------------------|-------------------|--------|-------------------|------------------|
| 1 | 804 | 00:15:21 | Heinen | Ella Liv | BGS Satrup | GER-SH | W-JU14 | 1 |
| 2 | 868 | 00:16:27 | Rau | Emma | TriHaie Rethwisch | GER-SH | W-KU12 | 1 |
| 3 | 837 | 00:17:19 | Imhoff | Charlotte Ella Sophie | LK Weiche | GER-SH | W-JU14 | 2 |

Ergebnis M / W - gesamt

Ruprechtlauf (3 km)

Ruprechtlauf W

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|----------------------|---------------------|---|--------|-------------------|------------------|
| 4 | 876 | 00:18:47 | Mattischent | Svea | TSB Flensburg von 1865 e.V. Triathlonabteilung | GER-SH | W-JU16 | 1 |
| 5 | 845 | 00:19:20 | Kumm | Marita | MTV Leck | GER-SH | W-55 | 1 |
| 6 | 777 | 00:19:51 | Skov Keller-Sørensen | Anne-Christine | Flensburg | GER-SH | W-40 | 1 |
| 7 | 881 | 00:20:41 | Kölbel | Lea | TSV Nord Harrislee | GER-SH | W-KU12 | 2 |
| 8 | 794 | 00:20:49 | Dinslage | Mia | Auguste-Viktoria-Schule Flensburg | GER-SH | W-KU12 | 3 |
| 9 | 882 | 00:20:52 | Kölbel | Leni | TSV Nord Harrislee | GER-SH | W-KU12 | 4 |
| 10 | 783 | 00:21:34 | Imhoff | Christine | Altes Gymnasium | GER-SH | W-45 | 1 |
| 11 | 863 | 00:21:37 | Kühl | Jule | SV Freie Waldorfschule Flensburg | GER-SH | W-KU12 | 5 |
| 12 | 770 | 00:21:52 | Peters | Liane | Flensburg | GER-SH | W-50 | 1 |
| 13 | 819 | 00:22:00 | Fiebig | Claudia | Flensburger Schwimmklub von 1930 e.V. | GER-SH | W-40 | 2 |
| 14 | 774 | 00:22:04 | Schlichting | Sabine | Bothkamp | GER-SH | W-35 | 1 |
| 15 | 757 | 00:22:22 | Ewald | Nieke | Flensburg | GER-SH | W-KU12 | 6 |
| 16 | 755 | 00:22:24 | Carstensen | Sandra | Nieüll | GER-SH | W-40 | 3 |
| 17 | 823 | 00:22:33 | Lange | Zoe | Jens Jessen Skole | GER-SH | W-JU16 | 2 |
| 18 | 896 | 00:22:37 | Erichsen | Lotte | TV Grundhof | GER-SH | W-KU12 | 7 |
| 19 | 902 | 00:22:38 | Lerdel | Eva | | GER-SH | W-35 | 2 |
| 20 | 792 | 00:22:48 | Imhoff | Corinna Maria Luise | Auguste-Viktoria-Schule Flensburg | GER-SH | W-45 | 2 |
| 21 | 759 | 00:22:52 | Goetzke | Sara | Harrislee | GER-SH | W-35 | 3 |
| 22 | 826 | 00:22:57 | Gericke | Ana-Sophia | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | W-KU12 | 8 |
| 23 | 751 | 00:22:58 | Berg | Karolin | Flensburg | GER-SH | W-40 | 4 |
| 24 | 754 | 00:23:08 | Brenneisen | Lisa | Glücksburg | GER-SH | W-40 | 5 |
| 25 | 779 | 00:23:18 | Toth-Somosköi | Elvira | Flensburg | GER-SH | W-30 | 1 |
| 26 | 851 | 00:23:25 | Hodgkinson | Nora | Schule Fruerlund | GER-SH | W-KU12 | 9 |
| 27 | 860 | 00:23:25 | Stryi | Melina Sophie | Schule Fruerlund | GER-SH | W-KU12 | 10 |
| 28 | 816 | 00:23:30 | Jackstaedt | Lea Malice | Fachschule für Technik und Gestaltung | GER-SH | W-HK | 1 |
| 29 | 815 | 00:23:30 | Gaertner | Liv | Fachschule für Technik und Gestaltung | GER-SH | W-HK | 2 |
| 30 | 903 | 00:23:32 | Alberti | Urte Jona | | GER-SH | W-40 | 6 |
| 31 | 813 | 00:23:45 | Zameit | Jasmin | ComLine GmbH | GER-SH | W-35 | 4 |
| 32 | 805 | 00:23:45 | Andresen | Maike | ComLine GmbH | GER-SH | W-30 | 2 |
| 33 | 883 | 00:24:05 | Ellmer | Annemarie | TSV Nordmark Satrup | GER-SH | W-KU12 | 11 |
| 34 | 791 | 00:24:26 | Schwennsen | Martha | Angeliter Rennschnecken | GER-SH | W-KU12 | 12 |
| 35 | 790 | 00:24:26 | Ellmer | Veronika | Angeliter Rennschnecken | GER-SH | W-40 | 7 |
| 36 | 795 | 00:24:32 | Eichhorn | Jella | Auguste-Viktoria-Schule Flensburg | GER-SH | W-JU14 | 3 |
| 37 | 798 | 00:24:37 | Jordt | Frida | Auguste-Viktoria-Schule Flensburg | GER-SH | W-JU14 | 4 |
| 38 | 808 | 00:24:53 | Joldrichsen | Christina | ComLine GmbH | GER-SH | W-HK | 3 |
| 39 | 888 | 00:25:08 | Lorenschat | Hanna | TSV Tarp | GER-SH | W-KU12 | 13 |
| 40 | 781 | 00:25:21 | Wappler | Hedda Luise | Flensburg | GER-SH | W-KU12 | 14 |
| 41 | 782 | 00:25:21 | Wappler | Maria | Flensburg | GER-SH | W-35 | 5 |
| 42 | 886 | 00:25:45 | Bzdurek | Milena | TSV Tarp | GER-SH | W-KU12 | 15 |
| 43 | 763 | 00:26:22 | Kruse | Sabine | Husby | GER- | W-35 | 6 |
| 44 | 949 | 00:26:34 | Erichsen | Liana | Flensburg | GER-SH | W-JU14 | 5 |
| 45 | 898 | 00:27:16 | Erichsen | Yvonne | TV Grundhof | GER-SH | W-35 | 7 |
| 46 | 858 | 00:27:23 | Schultz | Laura | Schule Fruerlund | GER-SH | W-KU12 | 16 |
| 47 | 822 | 00:27:30 | Lange | Anni | Jens Jessen Skole | GER-SH | W-JU14 | 6 |
| 48 | 764 | 00:27:33 | Lange | Kerrin | Flensburg | GER-SH | W-35 | 8 |

1. Flensburger Lauftreff e.V. Arndtstr. 5 24943 Flensburg
heiko.adamsky@flensburger-lauftreff.de <http://www.Flensburger-lauftreff.de>

Ergebnis M / W - gesamt

Ruprechtlauf (3 km)

Ruprechtlauf W

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|------------|-----------|---|--------|-------------------|------------------|
| 49 | 786 | 00:27:35 | Andresen | Stephanie | Andresen-Both Team | GER-SH | W-40 | 8 |
| 50 | 856 | 00:28:02 | Schorzmann | Marina | Schule Fruerlund | GER-SH | W-35 | 9 |
| 51 | 855 | 00:28:02 | Schorzmann | Diana | Schule Fruerlund | GER-SH | W-KU12 | 17 |
| 52 | 909 | 00:28:45 | Albertsen | Milla | TSV Nord Harrislee | GER-SH | W-KU12 | 18 |
| 53 | 778 | 00:29:11 | Sulz | Olga | Schleswig | GER-SH | W-35 | 10 |
| 54 | 884 | 00:29:50 | Philippsen | Sandra | TSV Sankt Peter-Ording | GER-SH | W-50 | 2 |
| 55 | 830 | 00:31:07 | Rashed | Daria | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | W-KU12 | 19 |
| 56 | 842 | 00:31:25 | Martinko | Malin | Mein IBZ | GER-SH | W-HK | 4 |
| 57 | 844 | 00:31:25 | Beckmann | Ines | Mein IBZ | GER-SH | W-40 | 9 |
| 58 | 911 | 00:31:26 | Könnecke | Juliana | | GER-SH | W-40 | 10 |
| 59 | 824 | 00:32:04 | De Freese | Ashley | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | W-KU12 | 20 |
| 60 | 825 | 00:32:10 | Frahm | Lucia | Kinder- und Jugendhaus "Alte Schule Loit" | GER-SH | W-KU12 | 21 |
| 61 | 753 | 00:32:55 | Brandes | Karina | Schleswig | GER-SH | W-30 | 3 |
| 62 | 775 | 00:35:03 | Schütt | Ronja | Flensburg | GER-SH | W-HK | 5 |

Einträge in der Liste: 131