



27. Internationales Glücksburger Förde-Crossing



10. August 2024

Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing M - 15

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|---------|------|-----------------------|---------|----------------|
| 1 | 445 | 00:34:04 | Dittloff | Linus | 2006 | | GER-SH | 1 |
| 2 | 163 | 00:40:24 | Pigorsch | Jannik | 2005 | TSV Otterndorf | GER-NIE | 4 |
| 3 | 174 | 00:56:55 | Pohl | Finn | 2005 | SSG BRAKE-ENGER | GER-NRW | 71 |
| 4 | 111 | 00:58:39 | Martensen | Jesper | 2005 | DLRG Lübeck | GER-SH | 88 |
| 5 | 456 | 00:58:41 | Holl | Mathies | 2006 | Choppy Boyz | GER-SH | 89 |
| 6 | 375 | 01:07:03 | Seidel | Thies | 2007 | TSV Bornhöved | GER-SH | 175 |
| 7 | 117 | 01:07:38 | Malner | Sixten | 2006 | DLRG Lübeck | GER-SH | 185 |
| 8 | 98 | 01:11:06 | Bongard | Rick | 2008 | DLRG Kaltenkirchen | GER-SH | 200 |
| 9 | 36 | 01:26:21 | Biermann | Nils | 2006 | DLRG OG Geilenkirchen | GER-NRW | 239 |

Förde-Crossing M - 20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------------------|-------------|------|-----------------------|---------|----------------|
| 1 | 467 | 00:38:19 | Fohlteich | Niklas | 2000 | SV Neptun Kiel | GER-SH | 3 |
| 2 | 309 | 00:48:02 | Finck | Leif-Erik | 2000 | DLRG Kaltenkirchen | GER-SH | 20 |
| 3 | 196 | 00:49:27 | Pütz | Benito | 2001 | DLRG Kaltenkirchen | GER-SH | 25 |
| 4 | 50 | 00:53:31 | Ottovordemgenschenfelde | Niklas | 2003 | SSG Brake-Enger | GER-NRW | 52 |
| 5 | 398 | 00:54:58 | Colombet | Leon | 1998 | DLRG Harrislee | GER-SH | 60 |
| 6 | 194 | 00:55:27 | Nadolny | Jesper | 1997 | Ellerhoop | GER-SH | 64 |
| 7 | 170 | 00:55:40 | Kulmus | Paul | 1997 | Flensburg | GER-SH | 66 |
| 8 | 315 | 00:56:31 | Müller | Felix | 2002 | Elmshorn | GER-SH | 70 |
| 9 | 87 | 00:57:07 | Wellm | Bjarne | 1998 | Tri Endurance Germany | GER-HAM | 74 |
| 10 | 89 | 00:57:36 | Jagdmann | Thies Aaron | 1997 | Flensburg | GER-SH | 78 |
| 11 | 171 | 00:58:09 | Kuiper | Tim | 1998 | DLRG Glücksburg | GER-SH | 80 |
| 12 | 469 | 00:58:33 | Born | Finn | 2001 | | GER-SH | 86 |
| 13 | 107 | 00:58:50 | Böse | Malte | 1996 | Hamburg | GER-HAM | 93 |
| 14 | 133 | 00:58:51 | Gründemann | Marco | 2001 | Hamburg | GER-HAM | 94 |
| 15 | 470 | 01:03:09 | Born | Ole | 2001 | | GER-SH | 133 |
| 16 | 79 | 01:06:42 | Schmeißer | Tim | 1995 | SCF | GER-SH | 170 |
| 17 | 23 | 01:09:03 | Kruse | Karsten | 1996 | Bilsen | GER-SH | 189 |
| 18 | 268 | 01:10:14 | Juhl | Maurice | 2003 | Glücksburg | GER-SH | 194 |
| 19 | 318 | 01:18:17 | Klee | Daniel | 2002 | DLRG OG Geilenkirchen | GER-NRW | 221 |
| 20 | 105 | 01:29:39 | Jennrich | Tyll-Ansgar | 1997 | Großensee | GER-SH | 241 |
| 21 | 44 | 01:43:04 | Geffers | Fabian | 1999 | Vordorf | GER-NIE | 245 |

Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing M - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|----------------|-------------------|------|-----------------------------------|---------|----------------|
| 1 | 305 | 00:42:30 | Radü | Niklas | 1988 | Wedeler TSV | GER-HAM | 6 |
| 2 | 468 | 00:42:42 | Levsen | Sören | 1991 | TSB Flensburg | GER-SH | 7 |
| 3 | 476 | 00:46:59 | Weichaus | Timm | 1991 | TriVelos Flensburg | GER-SH | 18 |
| 4 | 414 | 00:49:43 | Stolte | Moritz | 1987 | Eckernförde | GER-SH | 30 |
| 5 | 157 | 00:49:44 | Andresen | Birger | 1986 | Lorenz Andresen Bauunternehmen | GER-SH | 31 |
| 6 | 190 | 00:49:51 | Tenspolde | Jonas | 1990 | Hamburg | GER-HAM | 36 |
| 7 | 204 | 00:49:54 | Buchholz | Aljoscha | 1993 | Triathlon Team Hamburg | GER-HAM | 37 |
| 8 | 17 | 00:50:45 | Henning | Marcus | 1988 | TriVelos Flensburg | GER-SH | 39 |
| 9 | 349 | 00:50:50 | Carrero Baatos | Cristian Leonardo | 1991 | Flensburg | GER-SH | 40 |
| 10 | 207 | 00:51:30 | Werbeck | Marco | 1986 | SG Wasserratten Norderstedt | GER-SH | 42 |
| 11 | 51 | 00:52:58 | Thomsen | Niklas | 1989 | MTV Leck von 1889 e.V | GER-SH | 45 |
| 12 | 325 | 00:53:19 | Nielsch | Matthias | 1988 | Kiel | GER-SH | 48 |
| 13 | 240 | 00:53:28 | Nordmann | Ingo | 1986 | Wasserwacht Niederbarnim | GER-BRA | 51 |
| 14 | 371 | 00:53:51 | Sommer | Christian | 1986 | VfL Bückeberg | GER-NIE | 55 |
| 15 | 448 | 00:58:16 | Haug | Julian | 1992 | | GER-SH | 83 |
| 16 | 281 | 00:58:45 | Wagener | Jens | 1991 | Fleckeby | GER-SH | 91 |
| 17 | 421 | 00:59:28 | Fitsch | Philipp | 1987 | DLRG Glücksburg | GER-SH | 97 |
| 18 | 338 | 00:59:46 | Sannmann | Nils | 1990 | Bramfelder SV | GER-HAM | 101 |
| 19 | 27 | 01:00:54 | Köster | Felix | 1987 | Hamburg | GER- | 107 |
| 20 | 266 | 01:01:14 | Schröder | Philipp | 1991 | Hamburg | GER-HAM | 110 |
| 21 | 202 | 01:01:16 | Klütz | Timm | 1992 | Post SV Heide | GER-SH | 112 |
| 22 | 426 | 01:01:48 | Dunkelmann | Lukas | 1994 | Hamburg | GER-HAM | 121 |
| 23 | 348 | 01:02:49 | Holling | Eike | 1986 | Team Blaulicht | GER-SH | 130 |
| 24 | 74 | 01:04:31 | Andresen | Oke | 1987 | TriVelos Flensburg | GER-SH | 143 |
| 25 | 138 | 01:04:57 | Sonntag | Leon | 1992 | Hamburg | GER-HAM | 150 |
| 26 | 80 | 01:05:13 | Klappstein | Nils | 1993 | Roter Stern Flensburg e.V. | GER-SH | 152 |
| 27 | 29 | 01:05:42 | Rodenas | Cristian | 1985 | Bremen | GER-BRE | 160 |
| 28 | 471 | 01:05:58 | Kruse | Tom | 1993 | | GER-SH | 162 |
| 29 | 72 | 01:06:25 | Brandt | Jan | 1988 | Glücksburg | GER-SH | 168 |
| 30 | 180 | 01:10:31 | Kohlstedte | Christopher | 1986 | Kolibri Veranstaltungstechnik | GER-NRW | 196 |
| 31 | 229 | 01:11:00 | Kross | Jo | 1987 | Team Blaulicht | GER-SH | 199 |
| 32 | 424 | 01:11:56 | Storm | Jan-Christian | 1986 | UC - Baltic | GER-SH | 205 |
| 33 | 373 | 01:11:56 | Venkataraman | Venkitakrishnan | 1987 | Darmstadt | IND | 206 |
| 34 | 286 | 01:12:37 | Graeper | Michel | 1985 | Handewitt | GER-SH | 210 |
| 35 | 310 | 01:14:27 | Becher | Christopher | 1993 | Bargfeld-Stegen | GER-SH | 217 |
| 36 | 285 | 01:19:50 | Möller | Thies | 1990 | Flensburg | GER-SH | 225 |
| 37 | 213 | 01:19:53 | Stechmann | Max | 1992 | Rendsburg | GER-SH | 228 |
| 38 | 99 | 01:23:58 | Jacksohn | Christoph | 1994 | [Team] | GER-NRW | 235 |
| 39 | 360 | 01:24:52 | Brozus | Hans-Christian | 1992 | Flensburg | GER-SH | 236 |
| 40 | 394 | 01:24:53 | Fichtl | Jan Philipp | 1992 | Flensburg | GER-SH | 237 |

Förde-Crossing M - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|-----------|------|---------------------------|---------|----------------|
| 1 | 276 | 00:46:15 | Schumann | Jörg | 1975 | SG Neumünster | GER-SH | 13 |
| 2 | 460 | 00:46:19 | Wöhling | Torben | 1979 | FC St. Pauli Triathlon | GER-SH | 14 |
| 3 | 131 | 00:46:29 | Brenk | Alexander | 1976 | MTV Heide | GER-SH | 15 |
| 4 | 136 | 00:46:32 | Reinicke | Michael | 1979 | Wasserfreunde Eckernförde | GER-SH | 16 |
| 5 | 251 | 00:49:30 | Tiedemann | Jan | 1984 | DLRG Sachsenwald | GER-HAM | 27 |

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Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing M - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|-----------|------|--|---------|-----|------------|
| 6 | 378 | 00:49:35 | Bäumer | Stephan | 1978 | Schwimmfreunde Stedefreund | GER- | | 29 |
| 7 | 114 | 00:49:50 | Post | Hendrik | 1976 | LSF Münster | GER-NRW | | 35 |
| 8 | 221 | 00:51:47 | Spröer | Jan | 1981 | SSC Germania Braunschweig | GER-NIE | | 44 |
| 9 | 60 | 00:53:23 | Rößler | Christian | 1978 | Dresden | GER-SAC | | 50 |
| 10 | 341 | 00:53:39 | Puls | Christian | 1983 | Strande | GER-SH | | 54 |
| 11 | 46 | 00:54:06 | Brodersen | Malte | 1979 | Copenwater | DEN | | 56 |
| 12 | 7 | 00:54:09 | Kartheus | Christian | 1975 | Flensburg | GER-SH | | 57 |
| 13 | 65 | 00:54:53 | Haslob | Holger | 1975 | TSV Neuwittenbek | GER-SH | | 59 |
| 14 | 466 | 00:55:55 | ter Haseborg | Bodo | 1980 | TV Apen | GER-SH | | 68 |
| 15 | 464 | 00:58:11 | Gießler | Thomas | 1980 | | GER-SH | | 82 |
| 16 | 68 | 00:58:22 | Vieco-Sanchez | Jordi | 1976 | Hamburg | ESP | | 84 |
| 17 | 116 | 00:58:43 | Lauenstein | Christian | 1982 | Hamburg | GER-HAM | | 90 |
| 18 | 241 | 00:59:12 | Vierkötter | Ole | 1977 | SV Bremen v. 1910 | GER-NIE | | 95 |
| 19 | 260 | 01:01:18 | Kandulla | Hannes | 1978 | Hamburg | GER-HAM | | 113 |
| 20 | 199 | 01:01:52 | Petersen | Timo | 1984 | Team Viking Triathlon / Strongerlab | GER-SH | | 122 |
| 21 | 410 | 01:04:10 | Jahnke | Kolja | 1976 | Frankfurt | GER-HES | | 140 |
| 22 | 33 | 01:04:36 | Link | Markus | 1980 | Hamburg | GER-HAM | | 145 |
| 23 | 332 | 01:04:43 | Oertel | Cornelius | 1984 | SV Großwaltersdorf | GER-BRA | | 146 |
| 24 | 440 | 01:04:46 | Gerigk | Lukas | 1983 | Hamburg | GER-HAM | | 147 |
| 25 | 457 | 01:04:56 | Giesske | Daniel | 1983 | Husumer Sportverein | GER-SH | | 149 |
| 26 | 124 | 01:06:27 | Lahann | Thomas | 1983 | BSG Schleswig-Holstein Netz | GER-SH | | 169 |
| 27 | 365 | 01:06:58 | Weidt | Torsten | 1977 | Schule am Park - Hohenwestedt | GER-SH | | 173 |
| 28 | 350 | 01:07:16 | Dzwonnik | Piotr | 1975 | Warsaw | POL | | 178 |
| 29 | 449 | 01:07:29 | Eckhard | Thomas | 1979 | | GER-SH | | 182 |
| 30 | 71 | 01:08:51 | Grotjahn | Oliver | 1978 | Hamburg | GER-HAM | | 188 |
| 31 | 311 | 01:11:40 | Bergmann | Philipp | 1977 | Kiel | GER-SH | | 203 |
| 32 | 92 | 01:12:28 | Runge | Thomas | 1978 | DLRG KV Oder-Spree | GER-BRA | | 208 |
| 33 | 24 | 01:14:13 | Hjordthuus | Thomas | 1982 | Ludwigshafener SV 07 | GER-RLP | | 216 |

Förde-Crossing M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|--------------|------|--|---------|-----|------------|
| 1 | 255 | 00:35:39 | Kusch | Oliver | 1967 | Wasserfreunde Spandau 04 e.V. | GER-BER | | 2 |
| 2 | 142 | 00:40:49 | Bünger | Carsten | 1967 | Wasserfreunde Spandau 04 e.V. | GER-BER | | 5 |
| 3 | 175 | 00:43:41 | Kirschke | Rene | 1972 | Eckernförder MTV | GER-SH | | 8 |
| 4 | 346 | 00:45:07 | Hundertmark | Michael | 1971 | Glücksburg | GER-SH | | 9 |
| 5 | 211 | 00:46:15 | Henke | Hartmut | 1965 | TSG HB10 Bremen | GER-BRE | | 12 |
| 6 | 122 | 00:46:55 | Ley | Björn | 1971 | Meldorf | GER-SH | | 17 |
| 7 | 150 | 00:47:11 | Weber | Heiko | 1969 | Hollenstedt | GER-NIE | | 19 |
| 8 | 353 | 00:49:09 | Vergin | Michael | 1967 | SC Delphin Bad Schwartau | GER-HAM | | 22 |
| 9 | 258 | 00:49:21 | Kloess | Andreas | 1967 | Reinbek | GER-SH | | 23 |
| 10 | 392 | 00:49:24 | Böhm | Lars | 1974 | SG Hamburg-West | GER-HAM | | 24 |
| 11 | 380 | 00:49:28 | Thomsen | Volker | 1972 | Braunschweig | GER-NIE | | 26 |
| 12 | 118 | 00:49:30 | Müller | Jens-Henning | 1967 | Tauchsportclub Münster / ExKern Racing Team | GER-NRW | | 28 |
| 13 | 322 | 00:49:46 | Petersen | Andreas | 1972 | DLRG Glücksburg e.V. | GER-SH | | 32 |
| 14 | 209 | 00:49:50 | Brügmann | Ralf | 1966 | Altenholz | GER-SH | | 34 |

Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|------------|------|---|---------|-----|------------|
| 15 | 472 | 00:51:23 | Huffmeien | Jörg | 1968 | Choppy Boyz / DLRG Glücksburg | GER-SH | | 41 |
| 16 | 388 | 00:53:13 | Fink | Holger | 1971 | Oldenburg | GER-NIE | | 47 |
| 17 | 284 | 00:53:22 | Michel | Klaus | 1966 | Wedler TSV | GER-HAM | | 49 |
| 18 | 1 | 00:53:35 | Haywood | Gordon | 1973 | Swim-IT West Lothian | GBR | | 53 |
| 19 | 288 | 00:55:02 | Breidenbicher | Joachim | 1972 | SV Langwedel | GER-SH | | 62 |
| 20 | 238 | 00:55:07 | Hahn | Rüdiger | 1968 | MTV Heide | GER-SH | | 63 |
| 21 | 19 | 00:55:34 | Kakabadse | Jörg | 1968 | Schönkirchen | GER-SH | | 65 |
| 22 | 369 | 00:56:21 | Gillmann | Ulf | 1967 | Ich schwimm zu Dir | GER-SH | | 69 |
| 23 | 287 | 00:56:58 | Wegele | Andreas | 1967 | SGS Hamburg | GER-SH | | 72 |
| 24 | 34 | 00:57:13 | Goebel | Robert | 1967 | BSG Commerzbank | GER- | | 75 |
| 25 | 201 | 00:57:23 | Diefenbeck | Michael | 1974 | Hamburg | SWE | | 76 |
| 26 | 429 | 00:57:48 | Kämper | Nils | 1965 | Blau-Weiss Buchholz e.V | GER-NIE | | 79 |
| 27 | 41 | 00:58:11 | Köhler | Jens | 1966 | Denkte | GER-NIE | | 81 |
| 28 | 197 | 00:58:26 | Köstler | Matthias | 1967 | Winsener SV | GER- | | 85 |
| 29 | 271 | 00:58:46 | Busse | Heiko | 1969 | Bargtheide | GER-SH | | 92 |
| 30 | 205 | 00:59:38 | Bley | Stefan | 1971 | SV Poseidon Hamburg | GER-HAM | | 98 |
| 31 | 304 | 00:59:40 | Simon | Frank | 1966 | Moorrege | GER-SH | | 99 |
| 32 | 279 | 00:59:41 | Steuber | Thomas | 1970 | Hamburg | GER-HAM | | 100 |
| 33 | 389 | 00:59:53 | Friese | Karsten | 1969 | Ilse | GER-NIE | | 102 |
| 34 | 454 | 01:00:00 | Gürke | Martin | 1965 | | GER-SH | | 103 |
| 35 | 406 | 01:00:03 | Grossmann | Olaf | 1966 | Post SV Heide | GER-SH | | 104 |
| 36 | 232 | 01:01:01 | Becker | Siegmar | 1966 | Barmstedt | GER-SH | | 108 |
| 37 | 147 | 01:01:06 | Kutschka | Gregor | 1970 | Team Zoot Europe | GER-HAM | | 109 |
| 38 | 102 | 01:01:19 | Schäfer | Christian | 1968 | Lübeck | GER-SH | | 114 |
| 39 | 333 | 01:01:23 | Vogler | Nick | 1968 | Tri-Sport Lübeck | GER-SH | | 115 |
| 40 | 30 | 01:01:42 | Flömer | André | 1967 | BSV Buxtehude | GER-NIE | | 120 |
| 41 | 442 | 01:02:04 | Tonn | Mark | 1969 | TSV Schleswig | GER-SH | | 123 |
| 42 | 181 | 01:02:09 | Müller | Thomas | 1969 | USC Kiel | GER-SH | | 124 |
| 43 | 208 | 01:02:15 | NiB | Timo | 1967 | USC Kiel | GER-SH | | 125 |
| 44 | 246 | 01:02:24 | Hartmann | Helmut | 1966 | Timmerhorner Trockenfisch | GER-SH | | 127 |
| 45 | 248 | 01:02:28 | Wengler | Jörn | 1966 | Team Lebensfreude | GER-SH | | 128 |
| 46 | 91 | 01:02:42 | Philipowski | Thorsten | 1965 | BSG Beierdorf | GER-HAM | | 129 |
| 47 | 168 | 01:02:55 | Marschall | Thomas | 1965 | Mainaschaff | GER-BAY | | 131 |
| 48 | 344 | 01:03:00 | Rohwer | Nils | 1971 | Elmshorner MTV | GER-SH | | 132 |
| 49 | 81 | 01:03:19 | Münzer | Michael | 1968 | Achterwehr | GER-SH | | 134 |
| 50 | 282 | 01:03:23 | Bremer | Kai | 1967 | Hamburg | GER-HAM | | 135 |
| 51 | 16 | 01:03:37 | Merkel | Frank | 1967 | Flensburg | GER-SH | | 136 |
| 52 | 165 | 01:04:01 | Wagner | Maximilian | 1972 | SC Victoria Hamburg | GER-HAM | | 138 |
| 53 | 43 | 01:04:03 | Staack | Dirk | 1969 | SG Athletico Büdelsdorf | GER-SH | | 139 |
| 54 | 249 | 01:04:35 | Grundmann | Alexander | 1970 | Sport-Club Itzehoe | GER-SH | | 144 |
| 55 | 145 | 01:05:16 | Siejkowski | Wojciech | 1974 | Hamburger Schwimm-Club r.V. von 1879 | GER-HAM | | 153 |
| 56 | 191 | 01:05:19 | Kledtke | Karsten | 1968 | DLRG Sachsnwald | GER-NIE | | 155 |
| 57 | 291 | 01:05:23 | Johanning | Dirk | 1966 | Friesoythe ,Thüle | GER-NIE | | 156 |
| 58 | 420 | 01:05:28 | Flenker | Karsten | 1968 | DLRG Grömitz | GER-SH | | 157 |
| 59 | 183 | 01:05:32 | Dierking | Lars | 1974 | Triathlon Team Eisenhart | GER-HAM | | 158 |
| 60 | 167 | 01:06:04 | Radau | Stefan | 1967 | Sport-Club Itzehoe | GER-SH | | 164 |
| 61 | 407 | 01:06:07 | Janecke | Danny | 1965 | Berlin | GER-BER | | 165 |
| 62 | 128 | 01:06:48 | Heesch | Hauke | 1966 | Fri Öwingsfloose | GER-SH | | 171 |
| 63 | 234 | 01:07:00 | Ritter | Sven | 1966 | TriVelos Flensburg | GER-SH | | 174 |
| 64 | 461 | 01:07:07 | Jacobsen | Jann | 1968 | | GER-SH | | 176 |

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Förde-Crossing (3000 m)

Förde-Crossing M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|----------|------|---|---------|-----|------------|
| 65 | 139 | 01:07:20 | Nölting | Dirk | 1966 | Team Anni, Zoe und Dirk | GER-HAM | | 179 |
| 66 | 422 | 01:07:34 | Kohnke | Arno | 1971 | Team Peer Span | GER-SH | | 184 |
| 67 | 85 | 01:07:40 | Kaehler | Jo | 1968 | SV Langwedel | GER-SH | | 186 |
| 68 | 222 | 01:08:16 | Ehllis | Per-Olof | 1972 | Hannover | GER-NIE | | 187 |
| 69 | 219 | 01:09:10 | Huß | Dirk | 1965 | TSV Schleswig | GER-SH | | 190 |
| 70 | 368 | 01:09:57 | Kühn | Thomas | 1966 | Tri Team Tüttendorf | GER-SH | | 192 |
| 71 | 86 | 01:10:01 | Jarzab | Thomas | 1966 | Wohltorf | GER-SH | | 193 |
| 72 | 203 | 01:10:18 | Fischer | Falk | 1972 | Bremen | GER-BRE | | 195 |
| 73 | 18 | 01:10:33 | Möller | Andre | 1972 | Scharbeutz | GER-SH | | 197 |
| 74 | 11 | 01:10:36 | Gröning | Götz | 1967 | Startschuss e.V | GER-SH | | 198 |
| 75 | 123 | 01:11:22 | Hendrych | Ralf | 1966 | Team Triathlon Hamburger Hochschulen | GER-MVP | | 201 |
| 76 | 453 | 01:11:30 | Badura | Jörg | 1965 | | GER-SH | | 202 |
| 77 | 106 | 01:11:50 | Müller-Courté | Roger | 1969 | DLRG OG Geilenkirchen | GER-NRW | | 204 |
| 78 | 312 | 01:12:01 | Brunke | Sven | 1965 | Trisport Kiel | GER-SH | | 207 |
| 79 | 47 | 01:12:49 | Kubler | Chris | 1973 | DLRG KV Oder-Spree | GER-BRA | | 212 |
| 80 | 134 | 01:13:20 | Gründemann | Stefan | 1970 | Hamburg | GER-HAM | | 214 |
| 81 | 237 | 01:14:11 | Wesemann | Tobias | 1967 | Vaterstetten | GER-BAY | | 215 |
| 82 | 95 | 01:15:03 | Lis | Adam | 1969 | Bojenschwimmer Liblar | GER-NRW | | 219 |
| 83 | 355 | 01:15:50 | Beine | Carsten | 1965 | TriAS Schieder | GER-NRW | | 220 |
| 84 | 154 | 01:19:47 | Hankemeier | Stefan | 1971 | Hameln | GER-NIE | | 224 |
| 85 | 195 | 01:19:51 | Berthel | Andreas | 1965 | Hamburg | GER-HAM | | 226 |
| 86 | 235 | 01:19:51 | Huber | Jörg | 1967 | Köln-Reisiek | GER-SH | | 227 |
| 87 | 302 | 01:20:11 | Stoyke | Dirk | 1967 | Wasserwacht Halle | GER-SAN | | 229 |
| 88 | 224 | 01:21:28 | Köb | Andreas | 1965 | Reichertshausen | GER-BAY | | 230 |
| 89 | 374 | 01:22:10 | Braun | Keena | 1968 | TSV Bornhöved | GER-SH | | 232 |
| 90 | 364 | 01:23:56 | Dölp | Rainer | 1968 | Karlsruhe | GER-BAW | | 234 |
| 91 | 400 | 01:33:57 | Deblaere | Steffen | 1968 | Hamburg | GER-HAM | | 242 |
| 92 | 146 | 01:37:58 | Deterts | Erko | 1968 | Hamburg | GER-HAM | | 244 |
| 93 | 413 | 01:46:50 | Schmetjen | Philipp | 1971 | Eckernförde | GER-SH | | 246 |

Förde-Crossing M - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|----------|------|----------------------------|---------|-----|------------|
| 1 | 69 | 00:45:54 | Lohmann | Stefan | 1962 | HSC | GER-HAM | | 10 |
| 2 | 387 | 00:45:57 | Verstraete | Alex | 1964 | Kortrijk Waterpolo Belgien | BEL | | 11 |
| 3 | 159 | 00:48:54 | Hartlieb | Hubertus | 1963 | Oberursel | GER-HES | | 21 |
| 4 | 447 | 00:49:49 | Petersen | Horst | 1961 | DLRG Glücksburg | GER-SH | | 33 |
| 5 | 83 | 00:49:56 | Heil | Robert | 1962 | USC Kiel | GER-SH | | 38 |
| 6 | 324 | 00:51:45 | Moritz | Peter | 1960 | Daldorf | GER-SH | | 43 |
| 7 | 316 | 00:53:10 | Bucher | Jochen | 1964 | DLRG Glückstadt e.V. | GER-SH | | 46 |
| 8 | 423 | 00:54:36 | Barkowsky | Michael | 1963 | Henstedt-Ulzburg | GER-SH | | 58 |
| 9 | 435 | 00:55:00 | Weihls | Rudolf | 1960 | SG Athletico Büdelsdorf | GER-SH | | 61 |
| 10 | 446 | 00:55:45 | Zierberg | Gerd | 1958 | TSB Flensburg | GER-SH | | 67 |
| 11 | 412 | 00:57:07 | Mrugalla | Martin | 1960 | Eckernförde | GER-SH | | 73 |
| 12 | 62 | 00:57:29 | Stahlberg | Mathias | 1958 | DLRG Dannenberg | GER-NIE | | 77 |
| 13 | 372 | 00:58:38 | Eickhoff | Dirk | 1959 | SV Kollerbeck | GER-NRW | | 87 |
| 14 | 96 | 00:59:13 | Kühlert-Habricht | Andreas | 1962 | Bojenschwimmer Liblar | GER-NRW | | 96 |
| 15 | 22 | 01:00:10 | Weiss | Wolf | 1957 | Tri Team Neumünster | GER-SH | | 105 |
| 16 | 292 | 01:00:51 | Kobarg | Bernd | 1964 | Running <green | GER-SH | | 106 |

Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing M - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|-------------|------|--|---------|-----|------------|
| 17 | 101 | 01:01:15 | Kühl | Andreas | 1964 | Tecklenburg | GER-NRW | | 111 |
| 18 | 132 | 01:01:34 | Steffen | Dieter | 1957 | SV Poseidon | GER-HAM | | 116 |
| 19 | 184 | 01:01:37 | Wolfgang | Michael | 1953 | DLRG Bönen | GER-SH | | 117 |
| 20 | 239 | 01:01:39 | Herms | Ulrich | 1952 | Athletico Büdelsdorf | GER-SH | | 118 |
| 21 | 415 | 01:01:41 | Stolte | Klaus | 1956 | Eckernförde | GER-SH | | 119 |
| 22 | 75 | 01:02:17 | Skroblin | Joachim | 1959 | Spiridon Club Bad Oldesloe | GER-SH | | 126 |
| 23 | 5 | 01:03:51 | Regge | Thorsten | 1963 | DLRG Glücksburg | GER-SH | | 137 |
| 24 | 126 | 01:04:12 | Gaasch | Bernd | 1962 | Borener SV | GER-SH | | 141 |
| 25 | 443 | 01:04:24 | Leemhuis | Jens | 1959 | LTV Kiel-Ost | GER-SH | | 142 |
| 26 | 48 | 01:04:51 | Merhof | Peter | 1964 | Büchen | GER-SH | | 148 |
| 27 | 156 | 01:04:58 | Kießling-Sonntag | Jochem | 1962 | Werther | GER-NRW | | 151 |
| 28 | 340 | 01:05:17 | De Haas | Hans | 1956 | Rijswijk ZH | NED | | 154 |
| 29 | 212 | 01:05:38 | Westermann | Karl-Heinz | 1960 | Langwedel | GER-NIE | | 159 |
| 30 | 425 | 01:05:57 | Busch | Karsten | 1962 | USC Kiel | GER-SH | | 161 |
| 31 | 366 | 01:06:03 | Sander | Franz Josef | 1961 | CITTI Team Lebensfreude | GER- | | 163 |
| 32 | 112 | 01:06:12 | Preusse | Michael | 1957 | TSV Schleswig | GER-SH | | 166 |
| 33 | 419 | 01:06:14 | Hoffmann | Jörn | 1961 | Sport-Club Itzehoe | GER-SH | | 167 |
| 34 | 452 | 01:06:54 | Oeding | Andreas | 1964 | Flensburger Schwimm Klub | GER-SH | | 172 |
| 35 | 265 | 01:07:11 | Zeiger | Frank | 1964 | Phoenix Contact Power Supplies GmbH | GER-NRW | | 177 |
| 36 | 169 | 01:07:22 | Ehrenberg | Frank | 1959 | SG Deutsche Bank Deutschland e.V. | GER-HAM | | 180 |
| 37 | 77 | 01:07:25 | Petersen | Dirk | 1964 | Triathlon Trainingsgemeinschaft Preetz | GER-SH | | 181 |
| 38 | 143 | 01:07:31 | Waller | Cornelius | 1964 | TV Gundelfingen | GER- | | 183 |
| 39 | 417 | 01:09:43 | Hansen | Gerhard | 1960 | TriTeam Neumünster | GER-SH | | 191 |
| 40 | 361 | 01:12:37 | Radtke-Oestreich | Holger | 1957 | Groß Vollstedt | GER- | | 209 |
| 41 | 164 | 01:12:42 | Bock | Helge | 1963 | Flensburg | GER-SH | | 211 |
| 42 | 225 | 01:12:59 | Petersen | Heiko | 1963 | ASPIRIN | GER-SH | | 213 |
| 43 | 259 | 01:14:32 | Vilbig | Ronald | 1964 | HSG Warnemünde | GER-MVP | | 218 |
| 44 | 160 | 01:18:26 | Danckers | Joachim | 1963 | Blau-Weiss Buchholz e.V | GER-NIE | | 222 |
| 45 | 455 | 01:19:02 | Vabhöfer | hans | 1949 | | GER-SH | | 223 |
| 46 | 129 | 01:22:07 | Strelow | Roland | 1961 | Spiridon-Club Bad Oldesloe | GER-SH | | 231 |
| 47 | 458 | 01:23:50 | Molge | Bernd | 1957 | | GER-SH | | 233 |
| 48 | 377 | 01:25:31 | Jach | Thomas | 1959 | Tus Aumühle Wohltorf | GER-SH | | 238 |
| 49 | 307 | 01:28:51 | Steinbrecher | Thomas | 1961 | Hamburg | GER-HAM | | 240 |
| 50 | 320 | 01:36:02 | Persson | Thorsten | 1964 | TTC Seet-Eckholt | GER-SH | | 243 |

Förde-Crossing W - 15

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|-----------|------|-----------------------|---------|-----|------------|
| 1 | 290 | 00:42:36 | Fischler | Layla | 2006 | SV Neptun Kiel | GER-SH | | 2 |
| 2 | 465 | 00:43:52 | Porath | Jana | 2005 | TSB Flensburg | GER-SH | | 3 |
| 3 | 401 | 00:52:09 | Stephanides | Alexia | 2006 | TSB Flensburg | GER-SH | | 17 |
| 4 | 39 | 00:54:56 | Mertineit | Charlotte | 2005 | MTV Leck von 1889 e.V | GER-SH | | 22 |
| 5 | 144 | 00:55:30 | Waller | Constanze | 2005 | TV Gundelfingen | GER-BAW | | 25 |
| 6 | 6 | 00:57:18 | Regge | Gesche | 2009 | DLRG Glücksburg | GER-SH | | 34 |
| 7 | 362 | 01:01:17 | Moser | Carolin | 2006 | Karlsruhe | GER-BAW | | 52 |
| 8 | 356 | 01:10:38 | Bahnßen | Franziska | 2007 | DLRG Kaltenkirchen | GER-SH | | 89 |
| 9 | 439 | 01:13:02 | Klug | Chayenna | 2006 | DLRG Kaltenkirchen | GER-SH | | 98 |
| 10 | 261 | 01:16:59 | Weiß | Trixi | 2007 | 1. WV Wunstorf | GER-NIE | | 108 |

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Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing W - 15

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|-------------------|---------|-----|------------|
| 11 | 331 | 01:26:59 | Bamberg | Sina | 2005 | Wasserwacht Halle | GER-SAN | | 126 |

Förde-Crossing W - 20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|----------------|------|-------------------------|---------|-----|------------|
| 1 | 405 | 00:38:06 | Obermark | Louisa | 2002 | TSB Flensburg | GER-SH | | 1 |
| 2 | 90 | 00:45:34 | Jensen-Münster | Marie-Charlene | 1996 | TSB Flensburg | GER-SH | | 5 |
| 3 | 329 | 00:47:25 | Schilling | Lea | 2001 | SG TSG HB 10 Bremen | GER-BRE | | 7 |
| 4 | 289 | 00:55:12 | Aden | Rieke | 1999 | Kiel | GER-SH | | 23 |
| 5 | 384 | 00:56:14 | Singer | Sophia | 1996 | DLRG Lübeck | GER-SH | | 30 |
| 6 | 73 | 00:57:02 | Vornholt | Charlotte | 2004 | Osnabrück | GER- | | 33 |
| 7 | 308 | 00:57:40 | Jordan | Sarah | 2000 | Kiel | GER-SH | | 35 |
| 8 | 141 | 00:57:53 | Grabowski | Maite | 1999 | Kaltenkirchener TS | GER-SH | | 37 |
| 9 | 31 | 01:00:34 | Hill | Emma | 2003 | SSG BRAKE-ENGER | GER-NRW | | 48 |
| 10 | 359 | 01:00:53 | Kutzer | Katrin | 1996 | DLRG KV Oder-Spree | GER-BRA | | 49 |
| 11 | 269 | 01:01:02 | Ohlenbusch | Swantje | 1999 | DLRG Flensburg e.V. | GER-SH | | 50 |
| 12 | 358 | 01:01:30 | Flenker | Marieke | 2002 | DLRG Glücksburg | GER-SH | | 53 |
| 13 | 370 | 01:02:06 | Pelt | Maja | 2002 | DLRG Lübeck | GER-SH | | 56 |
| 14 | 328 | 01:03:47 | Petersen | Erna | 2001 | Osnabrück | GER-NIE | | 63 |
| 15 | 274 | 01:04:33 | Riepen | Neele | 2003 | TuS Hemdingen | GER-SH | | 66 |
| 16 | 336 | 01:06:33 | Zierke | Anke | 1996 | DLRG OG Geilenkirchen | GER-NRW | | 74 |
| 17 | 441 | 01:07:58 | Strootmann | Lene | 2002 | Osnabrück | GER-NIE | | 83 |
| 18 | 120 | 01:10:13 | Kaiser | Neele Maxi | 2000 | Tri Endurance Germany | GER- | | 87 |
| 19 | 357 | 01:13:27 | Warmers | Alina | 1998 | DLRG OG Coesfeld e.V. | GER-NRW | | 101 |
| 20 | 186 | 01:13:44 | Cremering | Constanze | 1996 | Wallenhorst | GER-NIE | | 103 |
| 21 | 100 | 01:19:25 | Gringel | Franziska | 1995 | Flensburg | GER-SH | | 114 |
| 22 | 399 | 01:19:49 | Stuke | Kim | 2002 | Liederbach | GER-HES | | 115 |
| 23 | 319 | 01:22:32 | Seine | Julia | 2001 | Laboe | GER-SH | | 120 |
| 24 | 326 | 01:23:02 | Fitsch | Laiska | 1995 | DLRG Waldeck Schafflund | GER-HAM | | 122 |
| 25 | 187 | 01:25:07 | Cremering | Charlotte | 1995 | Wallenhorst | GER-NIE | | 125 |
| 26 | 396 | 01:31:24 | Renner | Farina | 1997 | DLRG Glücksburg | GER-SH | | 130 |
| 27 | 431 | 01:43:10 | Stautmeister | Kimberly | 1999 | Marienborn | GER-SAN | | 137 |

Förde-Crossing W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|------------|------|-------------------------------------|---------|-----|------------|
| 1 | 451 | 00:47:02 | Thiedemann | Ulrike | 1986 | Flensburger Schwimm Klub | GER-SH | | 6 |
| 2 | 317 | 00:49:25 | Spyra | Frauke | 1991 | Schwimm-Zentrum Elmshorn | GER-SH | | 8 |
| 3 | 383 | 00:49:44 | Janneck | Kerrin | 1988 | Fri Ööwingsfloose | GER-SH | | 10 |
| 4 | 391 | 00:50:45 | Pischel | Margarethe | 1985 | GEALAN Tri Team IfL Hof | GER-BAY | | 13 |
| 5 | 155 | 00:50:48 | Köpke | Tina | 1989 | SG Wasserratten Norderstedt | GER-HAM | | 14 |
| 6 | 430 | 00:51:59 | Huppertz | Juliana | 1989 | MTV Heide | GER-SH | | 16 |
| 7 | 179 | 00:53:58 | Möllers | Svenja | 1990 | Tauchsportclub Münster | GER-NRW | | 20 |
| 8 | 294 | 00:55:48 | Petersen | Anni | 1989 | DLRG Glücksburg / SC Delphin Lübeck | GER- | | 27 |
| 9 | 216 | 00:56:24 | Nordmann | Vera | 1992 | Hamburg | GER-HAM | | 31 |
| 10 | 323 | 00:57:54 | Geditz | Mirjam | 1987 | TSV Weingarten e. V. | GER-BAW | | 39 |
| 11 | 257 | 00:58:10 | Stubbe | Madeleine | 1988 | Heidberger Barthels | GER-NIE | | 41 |

Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|-----------|------|------------------------|---------|-----|------------|
| 12 | 182 | 01:03:09 | Behr | Madeline | 1992 | Triabolos Hamburg e.V. | GER- | | 61 |
| 13 | 267 | 01:04:41 | Schröder | Carina | 1991 | Hamburg | GER-HAM | | 67 |
| 14 | 243 | 01:07:20 | Peitz | Britta | 1985 | Strande | GER-SH | | 77 |
| 15 | 327 | 01:07:23 | Schröder | Philippa | 1987 | Hamburg | GER-HAM | | 78 |
| 16 | 474 | 01:07:37 | Lorenzen | Marit | 1987 | Borener SV | GER-SH | | 81 |
| 17 | 130 | 01:12:34 | Brenk | Monika | 1987 | MTV Heide | GER-SH | | 94 |
| 18 | 314 | 01:13:02 | Johannsen | Rebekka | 1994 | Flensburg | GER-SH | | 97 |
| 19 | 115 | 01:13:30 | Kühl | Lara | 1993 | Düsseldorf | GER-NRW | | 102 |
| 20 | 352 | 01:13:48 | Francke | Svenja | 1994 | Kiel | GER-SH | | 104 |
| 21 | 404 | 01:14:48 | Hoffmann | Julia | 1985 | USC Kiel | GER-SH | | 105 |
| 22 | 473 | 01:14:59 | Bendixen | Nina | 1988 | | GER-SH | | 106 |
| 23 | 475 | 01:20:08 | Lorenzen | Gyde | 1987 | Borener SV | GER-SH | | 117 |
| 24 | 397 | 01:23:08 | Stüdtje | Eva-Maria | 1992 | DLRG | GER-SH | | 123 |
| 25 | 228 | 01:27:44 | Marken | Inga | 1987 | Flensburg | GER-SH | | 127 |
| 26 | 376 | 01:47:56 | Kiziurová | Júlia | 1989 | Kraluv dvur | CZE | | 140 |

Förde-Crossing W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|------------------------|---------|-----|------------|
| 1 | 381 | 00:45:11 | Schulz | Kathrin | 1984 | Winsen | GER-NIE | | 4 |
| 2 | 450 | 00:50:27 | Hornschuh | Felicitas | 1975 | FSK | GER-SH | | 11 |
| 3 | 250 | 00:50:40 | Damschen | Inga | 1977 | Bordesholm | GER-SH | | 12 |
| 4 | 342 | 00:56:28 | Kempf | Luisa | 1978 | Hümmer Schwimmer | GER-HAM | | 32 |
| 5 | 66 | 00:57:51 | Hauss | Helena | 1983 | TSV Neuwittenbek | GER-SH | | 36 |
| 6 | 273 | 00:58:14 | Riemann | Amelie | 1984 | Triabolos Hamburg e.V. | GER-HAM | | 42 |
| 7 | 10 | 00:58:22 | Maczassek | Kerstin | 1975 | TUK | GER-SH | | 43 |
| 8 | 113 | 00:58:43 | Richtsen | Sara | 1975 | Norderstedt | GER-SH | | 44 |
| 9 | 32 | 00:59:38 | Witt | Marion | 1975 | Glückstadt | GER-SH | | 45 |
| 10 | 25 | 01:01:17 | Fliedner | Melanie | 1980 | Ludwigshafener SV07 | GER-RLP | | 51 |
| 11 | 172 | 01:02:48 | Mundt | Vera | 1981 | TSV Schleswig | GER-SH | | 59 |
| 12 | 59 | 01:03:15 | Ganten | Claudia | 1979 | Hamburg | GER-HAM | | 62 |
| 13 | 198 | 01:06:37 | Kascheike | Kirsten | 1979 | Borener SV | GER-SH | | 75 |
| 14 | 408 | 01:07:29 | Döll | Marion | 1981 | Flensburg | GER-SH | | 80 |
| 15 | 137 | 01:09:09 | Löhr | Sarah | 1984 | Kiel | GER-SH | | 84 |
| 16 | 176 | 01:10:55 | Parbs | Claudia | 1977 | TV Laboe | GER-SH | | 91 |
| 17 | 434 | 01:17:41 | Staggenborg | Kerstin | 1977 | Osteel | GER-NIE | | 110 |
| 18 | 459 | 01:18:39 | Petersen | Christiane | 1982 | | GER-SH | | 112 |
| 19 | 109 | 01:18:58 | Belter | Mary | 1980 | Hamburg | GER-HAM | | 113 |
| 20 | 298 | 01:20:00 | Reinhardt | Saskia | 1983 | Wasserwacht Halle | GER-SAN | | 116 |
| 21 | 367 | 01:23:37 | Ritter | Julia | 1982 | Itzehoe | GER-SH | | 124 |
| 22 | 127 | 01:30:15 | Hermann | Stefanie | 1975 | Willingrade | GER-SH | | 129 |
| 23 | 339 | 01:33:49 | Wittburg | Claudia | 1980 | Wedel | GER-SH | | 131 |
| 24 | 343 | 01:43:02 | Bannert | Mandy | 1978 | Hamburg | GER-HAM | | 136 |

Förde-Crossing W - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|---------------------|---------|-----|------------|
| 1 | 330 | 00:51:53 | Schilling | Imke | 1969 | SG TSG HB 10 Bremen | GER-BRE | | 15 |

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Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing W - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|-----------|------|-------------------------------|---------|-----|------------|
| 2 | 58 | 00:52:41 | Hübert | Susann | 1966 | TSV Wedel | GER-SH | | 18 |
| 3 | 411 | 00:53:25 | Diedrichs | Ina | 1968 | Bremischer Schwimmverein | GER-BRE | | 19 |
| 4 | 379 | 00:54:23 | Falkenau | Stephanie | 1970 | DLRG Glücksburg | GER-SH | | 21 |
| 5 | 334 | 00:55:41 | von Laar | Sabine | 1966 | Triabolos Hamburg e.V. | GER-HAM | | 26 |
| 6 | 152 | 00:56:02 | Clasen | Hanna | 1971 | Pinneberg | GER-SH | | 28 |
| 7 | 78 | 00:56:12 | Zechner | Andrea | 1966 | Lübeck | GER-SH | | 29 |
| 8 | 82 | 00:57:53 | Heil | Ute | 1967 | USC Kiel | GER-SH | | 38 |
| 9 | 193 | 00:58:07 | Tews | Kerstin | 1965 | USC Kiel | GER-SH | | 40 |
| 10 | 303 | 00:59:40 | Hofmeister | Angela | 1970 | Moorrege | GER-SH | | 46 |
| 11 | 347 | 01:00:26 | Meißner | Ulrike | 1971 | Glücksburg | GER-SH | | 47 |
| 12 | 53 | 01:03:05 | Schneider | Antje | 1967 | Tri Bandits - TSG Bergedorf | GER-SH | | 60 |
| 13 | 220 | 01:04:12 | Lenz | Philippa | 1968 | Tri-Sport Lübeck | GER-SH | | 64 |
| 14 | 230 | 01:05:08 | Andresen-Christ | Anja | 1968 | Eckernförder MTV | GER-SH | | 68 |
| 15 | 233 | 01:05:24 | Goebel | Petra | 1969 | Triabolos Hamburg e.V. | GER-HAM | | 69 |
| 16 | 148 | 01:05:26 | Kutschka | Anja | 1969 | Team Zoot Europe | GER-HAM | | 70 |
| 17 | 227 | 01:06:18 | Petersen | Anke | 1970 | DLRG Glücksburg | GER-SH | | 71 |
| 18 | 409 | 01:06:26 | Bellmann | Nicole | 1972 | Hamburg | GER-HAM | | 72 |
| 19 | 2 | 01:06:31 | Kulmus | Anja | 1968 | Flensburg | GER-NIE | | 73 |
| 20 | 161 | 01:07:18 | Wehking | Catja | 1967 | Triabolos Hamburg e.V. | GER-SH | | 76 |
| 21 | 262 | 01:07:24 | Giesecke | Birgit | 1970 | 1. WV Wunstorf | GER-NIE | | 79 |
| 22 | 363 | 01:07:45 | Moser | Annette | 1966 | Karlsruhe | GER-BAW | | 82 |
| 23 | 206 | 01:09:48 | Schöneberger | Nicole | 1972 | SV Poseidon Hamburg | GER-HAM | | 85 |
| 24 | 177 | 01:10:03 | Beste | Helga | 1969 | Bremen | GER-BRE | | 86 |
| 25 | 125 | 01:10:17 | Matzen | Bianca | 1967 | Borener SV | GER-SH | | 88 |
| 26 | 270 | 01:10:50 | Schulz | Nina | 1973 | Team Zoot Europe | GER-SH | | 90 |
| 27 | 61 | 01:11:04 | Grenz | Ute | 1966 | Bückeberg | GER-NIE | | 92 |
| 28 | 301 | 01:11:28 | Kutzko | Antje | 1970 | Wasserwacht Halle | GER-SAN | | 93 |
| 29 | 63 | 01:12:55 | Schwarzburg | Susanne | 1969 | Blunk | GER-SH | | 95 |
| 30 | 231 | 01:12:56 | Litzki | Claudia | 1969 | Steinbergkirche | GER-SH | | 96 |
| 31 | 463 | 01:13:05 | Radau | Cathrin | 1968 | Sport-Club Itzehoe | GER-SH | | 99 |
| 32 | 94 | 01:13:23 | Wiegand | Silke | 1968 | Bojenschwimmer Liblar | GER-NRW | | 100 |
| 33 | 200 | 01:16:56 | Thiesen | Birte | 1968 | Flensburg | GER-SH | | 107 |
| 34 | 462 | 01:18:11 | Feld-Bornemann | Silke | 1967 | SV-Burgwedel | GER-NIE | | 111 |
| 35 | 345 | 01:20:21 | Köhn | Angela | 1969 | Bramfelder Sportverein | GER-HAM | | 118 |
| 36 | 67 | 01:22:59 | Saffari | Gudrun | 1968 | Wandsbeker Turnerbund v. 1861 | GER-HAM | | 121 |
| 37 | 438 | 01:28:13 | Tiedt | Claudia | 1970 | Hamburg | GER-HAM | | 128 |
| 38 | 56 | 01:37:15 | Bohnes-Berg | Ulrike | 1972 | Bielefeld | GER-NRW | | 133 |
| 39 | 428 | 01:41:07 | Urban | Anja | 1969 | Hamburg | GER-HAM | | 134 |
| 40 | 354 | 01:43:41 | Neumann | Anke | 1970 | Flensburg | GER-SH | | 138 |
| 41 | 390 | 01:44:01 | Friese | Inken | 1967 | Ilse | GER-NIE | | 139 |
| 42 | 108 | 01:48:13 | Grafen | Keren | 1969 | DLRG Bielefeld | GER-NRW | | 141 |

Förde-Crossing W - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|---------|------|-----------------------|---------|-----|------------|
| 1 | 52 | 00:49:31 | Depken | Ulrike | 1964 | Oldenburg | GER-NIE | | 9 |
| 2 | 12 | 00:55:24 | Kügler | Britta | 1963 | Winsener SV | GER-NIE | | 24 |
| 3 | 93 | 01:01:47 | Schäfer | Silke | 1964 | Bojenschwimmer Liblar | GER-NRW | | 54 |
| 4 | 97 | 01:01:59 | Habricht | Sabine | 1962 | Bojenschwimmer Liblar | GER-NRW | | 55 |

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Ergebnis M / W - Altersklassen

Förde-Crossing (3000 m)

Förde-Crossing W - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|-----------|------|----------------------------|---------|-----|------------|
| 5 | 210 | 01:02:40 | Hinrichs | Heilwig | 1963 | LTV Kiel-Ost | GER-SH | 57 | |
| 6 | 54 | 01:02:42 | Ewers | Dorit | 1961 | DLRG Stormarn | GER-SH | 58 | |
| 7 | 70 | 01:04:27 | Dick | Anne-Ruth | 1963 | Ellerbeker TV | GER-SH | 65 | |
| 8 | 15 | 01:17:08 | Rogge | Brigitte | 1962 | Tri-Sport Lübeck | GER-SH | 109 | |
| 9 | 45 | 01:22:00 | Borchert | Sabine | 1955 | Tri-Sport Lübeck | GER-SH | 119 | |
| 10 | 76 | 01:37:08 | Puettjer | Anke | 1964 | Spiridon Club Bad Oldesloe | GER-SH | 132 | |
| 11 | 35 | 01:42:02 | Herzberg | Margot | 1951 | Hamburg | GER-HAM | 135 | |

Einträge in der Liste: 387