



## 35. Lila-Eule-Cross in Kappeln

19. November 2023



### Ergebnis M / W - gesamt

#### Langstrecke ( 10,8 Km )

##### Langstrecke M

| Pos | StNr | Gesamt   | Name            | Vorname         | Verein / Ort                        | Nat.    | Alters-<br>Klasse | Pos Altersklasse |
|-----|------|----------|-----------------|-----------------|-------------------------------------|---------|-------------------|------------------|
| 1   | 32   | 00:46:45 | Sommer          | Fabian          | TriAs Flensburg                     | GER-SH  | M-HK              | 1                |
| 2   | 15   | 00:49:44 | Kunst           | Finn            | Utbüxers                            | GER-SH  | M-30              | 1                |
| 3   | 21   | 00:51:19 | Quehl           | Marcel          | TriAs Flensburg                     | GER-SH  | M-40              | 1                |
| 4   | 250  | 00:53:14 | Jensen          | Marten          |                                     | GER-SH  | M-30              | 2                |
| 5   | 17   | 00:54:11 | Nadenicek       | Petr            | SG Athletico Büdelsdorf             | GER-SH  | M-40              | 2                |
| 6   | 12   | 00:55:28 | Heider          | Oliver          | Run for the planet                  | GER-SH  | M-50              | 1                |
| 7   | 256  | 00:55:46 | Traber          | Daniel          | Schwansen                           | GER-SH  | M-45              | 1                |
| 8   | 260  | 00:55:58 | Oschinsky       | Konstantin      |                                     | GER-SH  | M-HK              | 2                |
| 9   | 3    | 00:56:04 | Becker          | Philipp         | Flensburg                           | GER-SH  | M-35              | 1                |
| 10  | 261  | 00:56:53 | Dreischerf      | Nils            | Osterbyer SV                        | GER-SH  | M-35              | 2                |
| 11  | 258  | 00:57:52 | Iahrs           | Jonathan        | Lauftreff Angeln                    | GER-SH  | M-35              | 3                |
| 12  | 246  | 00:58:39 | von Spreckelsen | Ole             | TSV Kappeln                         | GER-SH  | M-HK              | 3                |
| 13  | 25   | 00:58:58 | Salutzki        | Peter           | TSV Fahrdorf                        | GER-SH  | M-45              | 2                |
| 14  | 259  | 00:59:34 | Petersen        | Sven            | Grün-Weiß Tolk                      | GER-SH  | M-30              | 3                |
| 15  | 22   | 01:00:15 | Riedel          | Stefan          | SV Freie Waldorfschule<br>Flensburg | GER-SH  | M-60              | 1                |
| 16  | 14   | 01:00:43 | Kohlmann        | Ulf             | Flensburger Tanzclub e.V.           | GER-SH  | M-55              | 1                |
| 17  | 26   | 01:02:17 | Salzer          | Bastian         | TV Grundhof                         | GER-SH  | M-45              | 3                |
| 18  | 1    | 01:08:28 | Agger           | Helge           | Walddörfer SV                       | GER-HAM | M-55              | 2                |
| 19  | 13   | 01:08:41 | Klein           | Peter Siegfried | Emmelsbüll-Horsbüll                 | GER-SH  | M-70              | 1                |
| 20  | 35   | 01:09:41 | Weichhan        | Tobias          | Mönkeberg                           | GER-SH  | M-45              | 4                |
| 21  | 16   | 01:12:07 | Matthiesen      | Nils            | Margarethen-Klinik GmbH             | GER-SH  | M-35              | 4                |
| 22  | 30   | 01:12:49 | Schreiber       | Sebastian       | SG Mutlangen                        | GER-SH  | M-HK              | 4                |
| 23  | 11   | 01:13:04 | Hansen          | Sascha          | SV Kieholm 65                       | GER-SH  | M-45              | 5                |
| 24  | 24   | 01:16:08 | Rudies          | Bernd           | Borener SV                          | GER-SH  | M-60              | 2                |

##### Langstrecke W

| Pos | StNr | Gesamt   | Name        | Vorname    | Verein / Ort             | Nat.   | Alters-<br>Klasse | Pos Altersklasse |
|-----|------|----------|-------------|------------|--------------------------|--------|-------------------|------------------|
| 1   | 8    | 01:00:37 | Dahl        | Regina     | Borener SV               | GER-SH | W-45              | 1                |
| 2   | 10   | 01:00:56 | Hansen      | Franziska  | Böel                     | GER-SH | W-35              | 1                |
| 3   | 23   | 01:02:41 | Rottschäfer | Wiebke     | STV Sörup                | GER-SH | W-55              | 1                |
| 4   | 31   | 01:08:51 | Sibbersen   | Nane       | Flensburg                | GER-SH | W-30              | 1                |
| 5   | 9    | 01:11:03 | Goos        | Birgit     | Borener SV               | GER-SH | W-60              | 1                |
| 6   | 29   | 01:14:13 | Schönrock   | Christiane | Margarethen-Klinik GmbH  | GER-SH | W-40              | 1                |
| 7   | 5    | 01:17:34 | Benthin     | Deborah    | 1. Flensburger Lauftreff | GER-SH | W-HK              | 1                |
| 8   | 2    | 01:17:34 | Barahtean   | Jana       | 1. Flensburger Lauftreff | GER-SH | W-HK              | 2                |

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Einträge in der Liste: 32